

# My School is Closed Today



written by Meredith Polsky



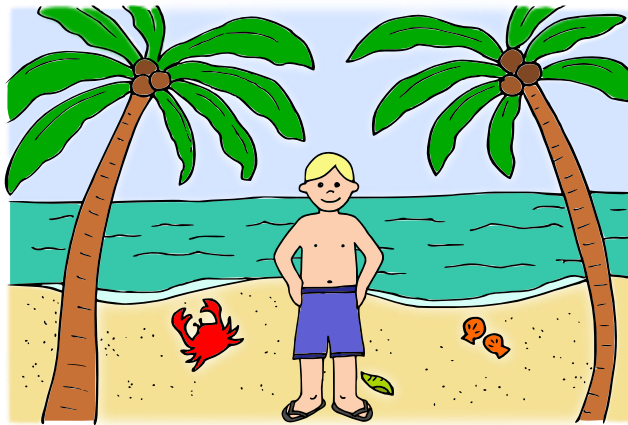
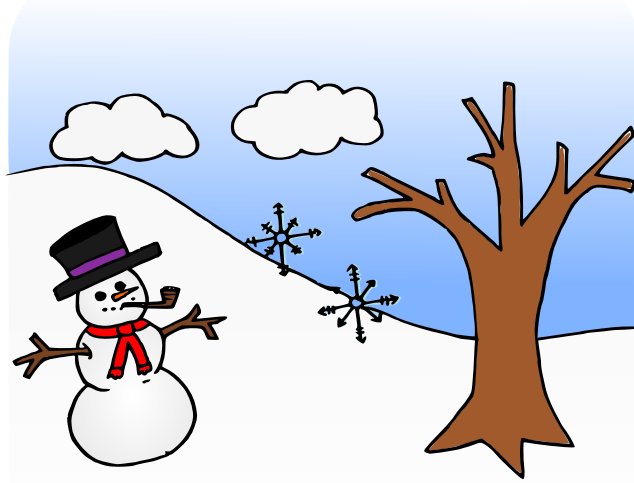
Every morning, I wake up, have  
breakfast and start to get ready for  
school.



I love school! I get to play with my friends and teachers, sing songs and have snack.



I want to go to school today, but it is closed!



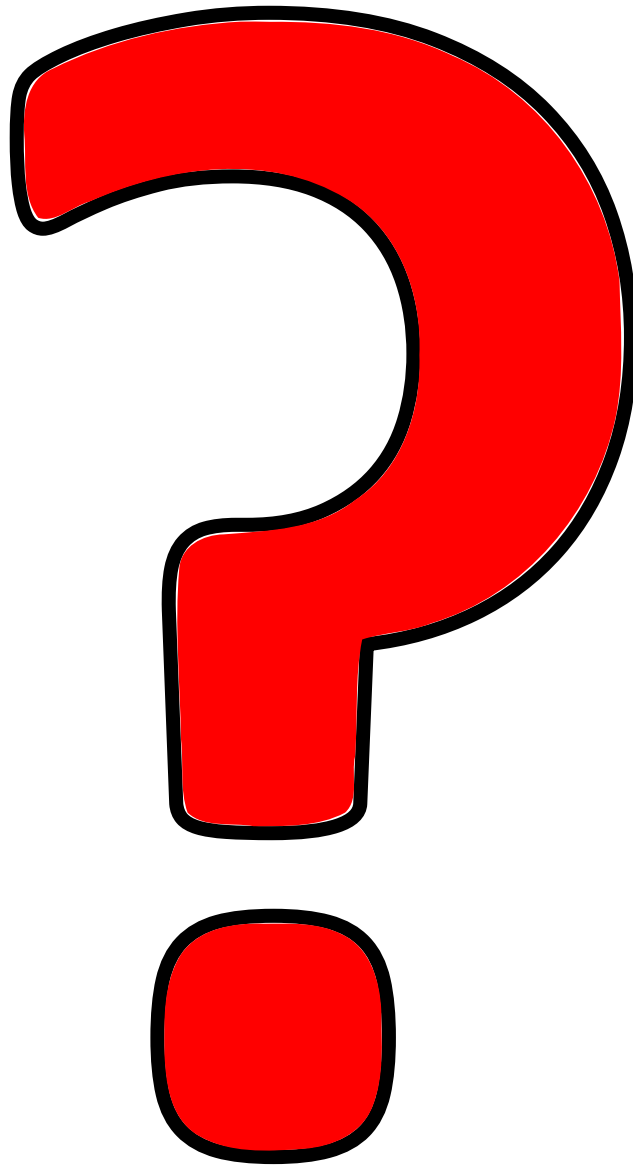
It's not snowing, and it's not time for a vacation.



But my grown-ups say we need to  
stay home.



My teachers want to go to school too! They like when I give them hugs, and they hold my hand. They love seeing me at school!

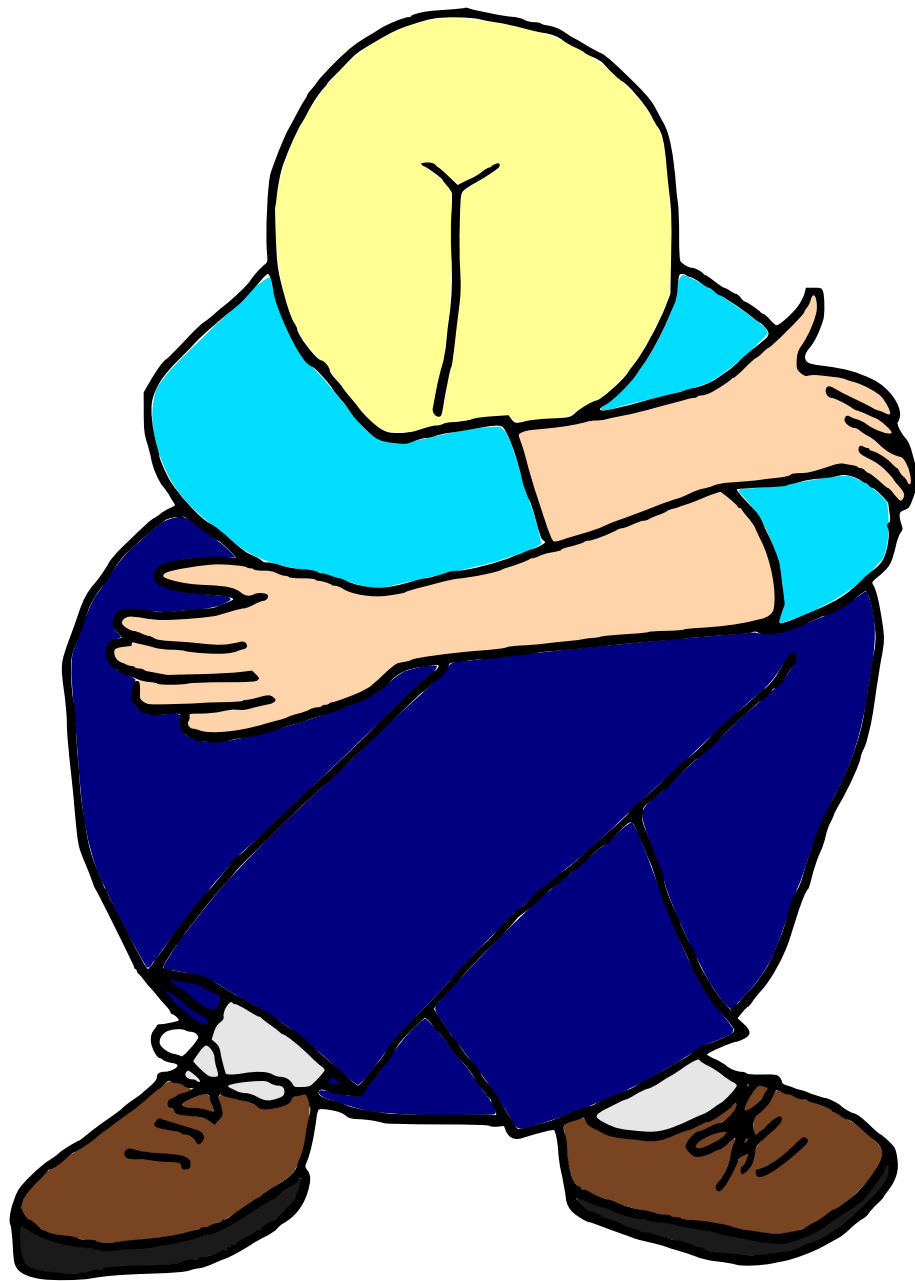


We all want to go to school, so why is school closed?





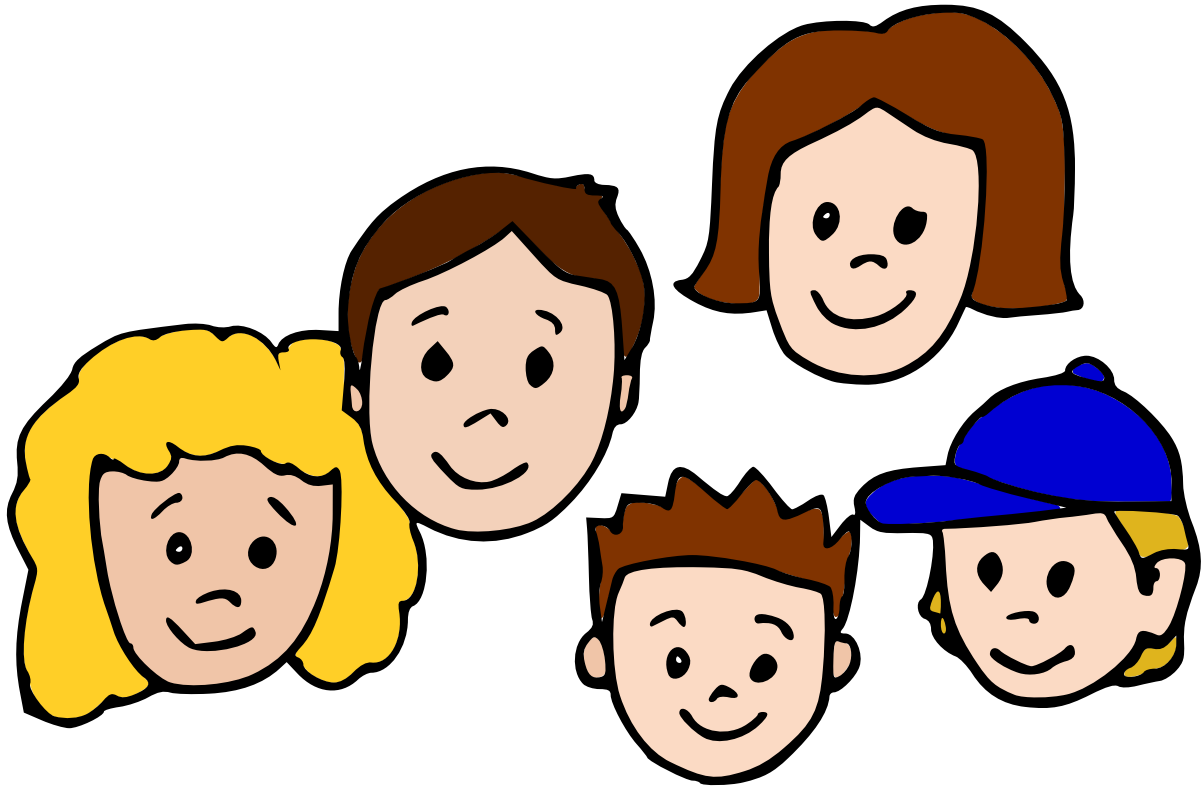
The grown-ups say we have to stay home because people are getting sick. But I'm not sick. And my teachers aren't sick, either!



One time last year I felt sick and I had to stay home from school for 2 days. All my friends got to play at school. I was so sad!



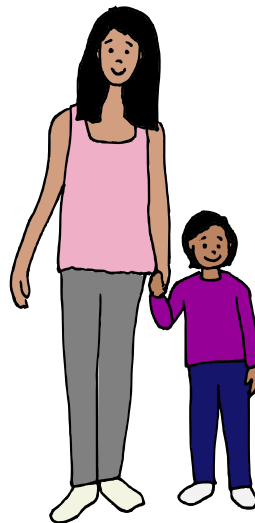
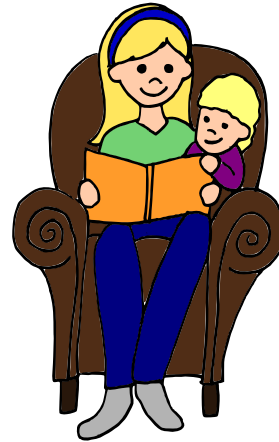
I'm not sick now. My friends are not sick. We are staying home to help people stay healthy.



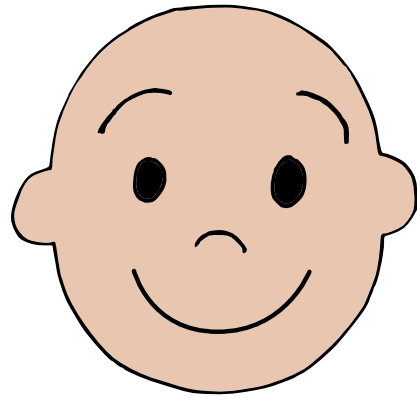
This doesn't usually happen. The grown-ups are being extra careful.



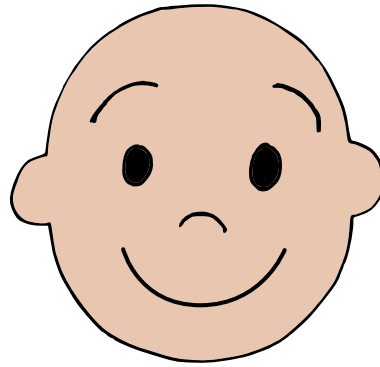
I wish I could go to school today, but I will help us stay healthy and play at home. I can sing the songs I sing at school!



My grown-ups at home like when I give them hugs too. I can hold their hand and we can read books and have snacks together.



When school opens again, I will be so happy to see my teachers and friends. I will tell them about all the things I did when I was home!





**Meredith Polsky** (Meredith@matankids.org) founded [Matan](#) in 2000 and serves as Matan's National Director of Institutes and Training, as well as the part-time Developmental Support Coordinator at [Temple Beth Ami Nursery School](#) in Rockville, MD and the Selective Mutism Specialist at [Growing Minds Child and Family Therapy Center](#). Meredith is a nationally sought-after speaker on Jewish Special Education. She holds a Master's degree in Special Education from Bank Street College, a Master's degree in Clinical Social Work from Columbia University and a graduate certificate in Early Intervention from Georgetown University. Meredith is a 2017 Covenant Award recipient, and co-author of the award-winning children's books [I Have a Question about Death](#), [I Have a Question about Divorce](#), and [I Have a Question about Cancer](#) (Jessica Kingsley Publishers, 2017, 2018 and 2019, respectively).